



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

Overarching case scenario 54

34 year old dentist. Hobbies football, squash. Drives. Non smoker

Last eye examination 6/12 ago, updated specs then, now would like to try contact lenses .

Never worn contact lenses before, eyes healthy, no contraindications to contact lens wear seen.

Wears eye protection at work so happy with glasses there, but wants lenses for sports and social wear 3-4 hours 2-3 days per week; wants vision as good as possible.

No ocular history, general health good, no medications

Spectacle prescription:                    RE -3.00/-1.75x170 6/5 N5  
    LE -2.75/-2.00x10 6/5 N5                    (BVD =12mm)

Keratometry (B&L keratometer):    RE 7.90 along 90, 7.95 along 180  
    LE 8.00 along 90, 8.05 along 180    regular mires

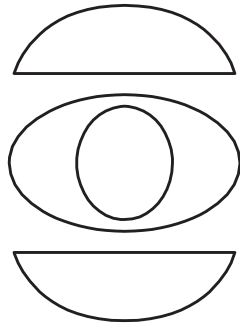
Horizontal Visible Iris Diameter: 12.0mm R&L.

Vertical Palpebral Aperture Size: 9.00mm R&L

Pupil diameter dim light 6.00mm; bright light 4.00mm R&L

External examination

No blepharitis, grade 0 MGD



Grade 0.5 limbal hyperaemia nasally R&L

No corneal staining R or L

tBUT 16 seconds R&L

No blepharitis, grade 0 MGD

